



YOUNG LIVING  
ESSENTIAL OILS



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YOUNG LIVING EVERYDAY OILS COLLECTION



# EVERYDAY OILS

*for anytime*

Each day brings a new set of challenges. With the Everyday Oils™ collection, you'll be ready for whatever life throws at you.

STARTING THE DAY



*Lemon Essential Oil*

Add a drop of Lemon essential oil to your morning beverage for a refreshing start to your day!

**Did You Know?** Lemon is also a great source of d-limonene, believed to support a healthy immune system.

*Joy Essential Oil Blend*

Face the world with a smile on your face! Diffuse Joy™ essential oil blend create an uplifting, magnetic atmosphere for your morning routine.



GETTING READY



*Thieves Essential Oil Blend*

Your immune system is fighting for you all day. Why not repay the favor? Take a few drops of our Thieves® blend in a capsule and give your immune system the support it needs.

**Did You Know?** The Thieves blend was inspired by the legend of 15th-century thieves who believed a special aromatic combination of clove, rosemary and other botanicals kept them free of illness.

*Peppermint Essential Oil*

Don't let stomach discomfort wreck your day! Add a drop of Peppermint essential oil to an herbal tea in the morning to support digestion.



POWERING THROUGH



*Stress Away Essential Oil Blend*

Add a couple drops of Stress Away™ to a glass of water to lighten your mood as you push through your afternoon tasks.

**Did You Know?** Stress Away is also available as a roll-on, making it easy to enjoy this special blend's relaxing fragrance.

*Frankincense Essential Oil*

Focus your concentration with Frankincense essential oil and finish off that to-do list!



COMING HOME



*Purification Essential Oil Blend*

Refresh your mind at the end of a long day by diffusing Purification®!

*PanAway Essential Oil Blend*

With the soothing touch of Wintergreen, Clove, and other essential oils, PanAway®, is a great way to wind down after a hard day's work.



BEDTIME

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*Melaleuca A. Essential Oil*

Worn out at the end of the day? So is your skin. Use Melaleuca Alternifolia to cleanse and refresh, and your skin will thank you.

**Did You Know?** Commonly known as Tea Tree Oil, Melaleuca Alternifolia is valued in many cosmetic products for its cleansing properties.

*Lavender Essential Oil*

When you're finally ready to call it a night, let the calming scent of Lavender help you to a peaceful night's rest.



 Dietary  Aromatic  Topical

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